

Junior 'Warrior'

TAKE ACTION!



Student name:

Training venue:

Action

Our theme this grading cycle is ACTION and action speaks louder than words. It is very easy to simply SAY what you will do without any real intention of doing the things you speak of.

Instead of 'talking the talk' (like so many people do) let's 'walk the walk' instead. Rather than telling people what you will do, show them. Simply go do the things you may be tempted to talk about.

Your task for the first month of this task is to BE the type of person who gets a positive re-action from other people. What will YOU do to get the best possible response from people you meet?

In the space below tell me what you did and the response it got from people.

Doing 'just enough' is what people, who usually fail, do. In fact, they do 'just enough' to say they tried and it didn't work. Or maybe they tried but didn't get the results they had hoped for.

If you wish to be successful you must get into the habit of doing 'Whatever It Takes' to be successful. This may mean you have to take MASSIVE action.

As I said 'Whatever It Takes.'

Your task for month two is to decide on two things that you definitely will achieve this month, and then achieve them. Now you could, of course, choose some really easy things? Or you could choose some challenging things. You must decide how much you wish to develop.

In the space below tell me what you decided to achieve and what you did in order to be successful.

You will be remembered for your actions more than your words so choose the things you do wisely. You will never have a problem that lasts forever, unless you are too frightened to deal with it.

You may or may not yet know what you want to do with your life but maybe there are some things that you would like to be remembered for. One of my sons offered the other, his Christmas presents many years ago, because the first son was upset and jealous. I will always remember such a kind and unselfish gesture.

Your month 3 task

List below 3 things that you would like to be remembered for (you may not have achieved these things yet).

Imagine you kept doing the same thing and, every time you did it, you got a similar result. Maybe people responded (or reacted) in the same way, or you were rewarded/ punished in the same way. Or perhaps people stopped working/playing with you. Or maybe you were so popular everyone wanted to be your friend.

That would sort of make sense wouldn't it? If you keep doing the same things, you are very likely to get the same (or very similar) results.

So can you answer this question?

Why do some people keep doing the same things but they expect the results to be different sometimes?

I'd like you to understand HOW to change things when you want to. It would be silly to change something that is going well for you, so your final task (before handing this project in at the grading) is to find something in your life that you would like to change and, by doing things a little (or a lot) differently, get a different outcome.

In the space below tell me what you will change in future and how you think this will make things even better in your life.
