

Junior 'Warrior' Programme

Creativity- finding a way

Student name;

Training venue;

As you are studying to become a leader you need to understand that leaders are people who find solutions (ways to get things done) when followers simply give up or follow other people.

These statements are really important to remember;

1. Your past results do not equal your future achievements- unless you want them to.
2. If you keep doing what you been doing, you will keep getting the same results.
3. If you want things to be different (or the same but better) then you need to change what you are doing.



This isn't working

This is where some people say;

“But its to difficult.” Or “I don't know what to do.”

And that's why those people will always be followers not leaders. Leaders use their CREATIVITY to create. They use their imagination and ideas to find a way.

A quick story for you.

A lorry was driving along the road when it came to a low bridge. The driver wasn't paying attention and didn't notice that the bridge was too low for his lorry to go through.

It got stuck. Not by very much, it almost went through, but not quite.

The police were called and the council. Everyone stood around thinking about the best way to either lift up the bridge 60mm or make the lorry shrink by the same amount.

They talked about unbolting the back of the lorry (where the load is kept) and all sorts of other ideas, but none of them seemed very good.

Then a little boy jumped out of one of the cars that had been waiting in the traffic jam.

“Why don't you let some air out of the tyres?” he said

Month 2 task

Creativity is a good thing to have in many parts of our lives.

This month I would like you to create an unusual way to help your family.

Something different to the usual; washing up, doing the vacuuming, tidying your bedroom.

Come on, get your brain activated and come up with something extraordinary. It may only make a small positive difference but that's ok, so long as it's creative.

I could give you some ideas but, if I do, its not YOU being creative is it?

Tell me about the way(s) you created below please.

Month 3 task

This month I would like you to create a sparring move that works well for you. For instance, you may decide that every time someone you're sparring with, uses a round kick on you, you will move back a little, put your fingers over the heel of the foot that's kicking and spin them around so that they have their back to you. (you can't use that one now, think of your own).

Tell me about your idea here.

Remember ALWAYS that creativity may not be perfect. Your ideas may need to be tweaked and changed a little before they work well. That's not important on this task, I just want you to come up with ideas.